

# FINDING YOUR WAY

## NO REGRETS

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### Scriptures:

**1 Corinthians 11:27** So then, whoever eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of sinning against the body and blood of the Lord. <sup>28</sup> Everyone ought to examine themselves before they eat of the bread and drink from the cup. <sup>29</sup> For those who eat and drink without discerning the body of Christ eat and drink judgment on themselves. <sup>30</sup> That is why many among you are weak and sick, and a number of you have fallen asleep.

**Acts 2:38** – Then Peter said to them “ Repent and be baptized every one of you in the name of Jesus Christ for the remission of sins; and you will receive the gift of the Holy Spirit.”

**2 Chronicles 7:14** - If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.

**1 John 1:9** - If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

**Acts 3:19** - Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord.

**2 Peter 3:9** - The Lord is not slow in keeping his promise, as some understand slowness. Instead he is patient with you, not wanting anyone to perish, but everyone to come to repentance.

**James 4:8** - Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded.

**Matthew 11: 28-30** - <sup>28</sup> “Come to me, all you who are weary and burdened, and I will give you rest. <sup>29</sup> Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup> For my yoke is easy and my burden is light.”

### Discussion Questions:

1. Is there baggage you are carrying that you need to repent of?
2. What are the advantages to living free of sin and regret?
3. What can you do to restore relationships when someone offends you, or you offend someone else?
4. Have you ever thought about repentance as a gift and a tool to use? How does this perspective make repentance easier?